

ETIQUETTE

Teen Central

Formal Dinner Setting

This activity can be taught to an individual or a group of girls. Formal settings are intimidating. Understanding how they are set up may ease some of the anxiety. Make this fun for her. Remind her, if she is in a setting and doesn't remember which fork to use, it's ok. Nobody will get hurt if she uses her salad fork for her meal. This is an excellent activity to preface a dining out or dining in.

Set up a table with all the silverware. Explain to her what each utensil is used for.

FISH	MEAT	SALAD	PLATE	SALAD	MEAT	FISH	SOUP
FORK	FORK	FORK		KNIFE	KNIFE	KNIFE	SPOON

Some other basic manners:

- Cut your food, as you eat, not all at once.
- Don't eat off of others plates.
- Don't lick your fingers.
- Don't stack your plates, the hostess will clear them.
- No elbows on the table.
- No smoking.
- Napkin gets placed on your lap.
- Once food enters your mouth, nobody should hear it except you.
- Serve from the left and take from the right.
- Do not begin eating until the host or hostess does so.

When in doubt, watch the hostess.

A very helpful Resource for this type of activity is:

The Everything Etiquette Book by Nat Segaloff